Student Name
 ID #

Counselor Name _____

Please answer ALL questions on this document.

1. What are your greatest ACADEMIC strengths and weaknesses? Describe a time when you demonstrated these.

2. What are your PERSONAL strengths and weaknesses? Describe a time when you demonstrated these.

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3. What qualities make you stand out from the crowd (can be personally, academically, or both)?

4. Please list your work experience and/or leadership roles.

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5. What leadership positions or responsibilities have you held at school, in the community, or in your home that mean the most to you? Why are they important? Include dates, length of time, and positions held.

6. What community activities are a regular part of your life? Please provide specific details about the activities. In none, put N/A.

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7. How do you respond to difficulty, setbacks, or disappointments? Describe any significant obstacles or hardships which you have had to overcome.

8. What college major(s) are you considering? Have you done anything to explore your interest in the major(s) (work, internships, specific classes taken at ORHS, etc.)?

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9. What has been your most enjoyable class at Oak Ridge? What has been the class you have struggled with the most? Explain why.

10. Do you believe your transcript is an accurate reflection of your ability? Why or why not?

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11. If you were writing this recommendation, what would you say about yourself? (Perhaps share a meaningful time in your life or a moment that made an impact on you—educationally or not).